MAJLIS PERBANDARAN AMPANG JAYA
BAHAGIAN PERHUBUNGAN AWAM DAN SEKRETARIAT
MENARA MPAJ, JALAN PANDAN UTAMA,
PANDAN INDAH, SELANGOR,
55100 KUALA LUMPUR

KERATAN AKHBAR
11 APRIL 2019 (KHAMIS)

AKHBAR	MUKA SURAT
Sinar Harian	
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Empat kes denggi di Flat Merpati B

Penduduk Flat Merpati B bersama wakil Agensi Anti Dadah Kebangsaan dan anggota bomba yang membantu mereka dalam program gotong-royong di flat berkenaan, baru-baru ini.

SH 11/4/19 m/s 22

PANDAN INDAH – Penduduk Flat Merpati B di sini, bimbang masalah denggi di kawasan itu kerana pernah disenaraikan sebagai hotspot penyakit berkenaan sebelum ini.

Pengerusi Kawasan Rukun Tertangga (KRT) Flat Merpati B, Abd Hashim Maswadie berkata, sebanyak empat kes denggi dilaporkan di lokasi itu sejak tahun lalu dan pihaknya kini memandang serius laporan tersebut.

"Kes terbaru adalah pada awal bulan lalu. Wakil dari Pejabat Kesihatan Daerah Hulu Langat sudah mengadakan pemeriksaan dan kita turut melaksanakan program gotong-royong membersihkan sampah," katanya ketika dihubungi *Sinar Harian*, semalam.

Beliau juga mahu penduduk melakukan pemeriksaan di rumah serta membasmi tempat yang berpotensi menjadi tempat aedes membiak.

Abd Hashim memberitahu, pemeriksaan daripada Pegawai Pejabat Kesihatan Daerah Hulu Langat menemui jentik-jentik di atas penutup tong cat dan singki di sebuah blok flat itu.

"Kami juga diberi nasihat supaya menegur jiran yang menyimpan barangan sehingga mengakibatkan pembiakan nyamuk.

"Penduduk juga boleh menyalurkan maklumat kepada Pejabat Kesihatan Daerah Hulu Langat untuk tindakan lanjut," katanya.

Menurutnya, program tersebut turut mendapat kerjasama daripada Ahli Majlis, Majlis Perbandaran Ampang Jaya, Lim Tim Chai.

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Weekend Go

Bukit Tabur, Selangor

Take a hike at this spectacular hill that's popular with adventure junkies.

By MOHAMMAD SAIFULLAH
star2travel@thestar.com.my

THE infamous Bukit Tabur in Gombak, Selangor is a geological wonder. There are several peaks in the area, with the highest one being just under 500m.

The peaks on Bukit Tabur are accessible via the four trails – East, West, Far East and Extreme. The more popular ones are the East and West trails. However, they are also more challenging.

Why you should go

The giant limestone ridge is the oldest and longest crystal quartz outcrop in the world, according to geologists. At the top of the highest peak, you get a wonderful view of the Klang Gate Dam and the Kuala Lumpur skyline.

What to do

It is definitely a good place for hiking, although we would not recommend it to first-timers unless accompanied by an experienced hiker or guide. The trails are clearly marked and the are sign boards and notices to help guide you too.

There are two entry points located near the Klang Gate Dam. The one that's more popular is Tabur West, which is on the left of the dam; the Tabur East trail starts on the right. Hikers need to pay RM5 per person upon entry.

Do steer clear of the place during rainy seasons as the trek does get pretty difficult – and dangerous – then. Wear proper hiking outfits and shoes; bring along climbing gloves in case you need them to tackle the steep inclines.

It is also important that you bring enough water for your trek. For those who plan to hike early to catch the sunrise, do bring along a headlamp. Navigation tools are also helpful.

Who will like it

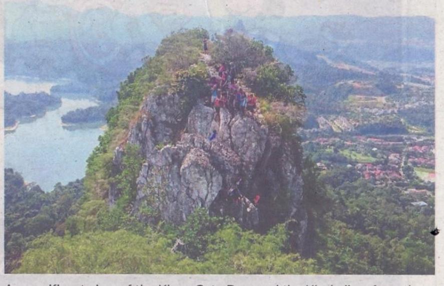
If you've just started to go on hikes and wish to challenge yourself, then Bukit Tabur is a good place to check out. Go with a group of friends or join an official hiking group on social media. That way, you can learn more about the place and even get tips and advice from more experienced hikers.

Getting there

It's easy enough to drive to Bukit Tabur as the routes are clearly marked on navigation apps like Waze or Google Maps.

For those who depend on public transport, you can take the LRT and stop at the Wangsa Maju station. From there, you can take a bus (no.222) and hop off just before the Bukit Mas station. You need to walk for about 15 minutes to the Klang Gate Dam entrance after that.

Otherwise, just take a Grab or taxi from the LRT station.



A magnificent view of the Klang Gate Dam and the KL skyline, from the top of the hill. — VINCENT TAN/The Star

Bukit Tabur
Taman Melawati, Gombak
Selangor