



**MAJLIS PERBANDARAN AMPANG JAYA**  
**BAHAGIAN PERHUBUNGAN AWAM DAN SEKRETARIAT**  
MENARA MPAJ, JALAN PANDAN UTAMA,  
PANDAN INDAH, SELANGOR,  
55100 KUALA LUMPUR

**KERATAN AKHBAR**  
**25 MAC 2019 (ISNIN)**

**AKHBAR**

**MUKA SURAT**

**Sinar Harian**

- Usia emas tidak haling atlet veteran aktif sukan separa lasak 23

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KERATAN AKHBAR 25 MAC 2019 (ISNIN)	
Akhbar	Sinar Harian
Tajuk Berita	Usia emas tidak haling atlet veteran aktif sukan separa lasak
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## Usia emas tidak haling atlet veteran aktif sukan separa lasak

AMPANG – Usia 62 tahun bukan halangan bagi atlet veteran, Azmi M Rejab terlibat dalam aktiviti sukan separa lasak Cabaran Ampang Jaya Duathlon 2019 yang berlangsung di Trek Basikal Bukit Indah, di sini semalam.

Atlet Persatuan Berbasikal Negeri Kedah itu turut dinobatkan sebagai johan bagi kategori Lelaki Senior Master dalam kejohanan itu.

Azmi berkata, beliau pertama kali menjadi johan dalam kategori itu.

Menurutnya, beliau aktif bersukan selepas menjalani pembedahan pintasan jantung (bypass) pada 2008.

“Saya ibarat dapat ‘peluang kedua’ selepas pembedahan itu, ia tidak melemahkan semangat saya untuk aktif bersukan,” katanya.

Beliau pernah menyertai acara sukan di luar Negera seperti di Bangkok, Thailand dan Ho Chi Minh, Vietnam.

“Saya mengeluarkan kos sendiri untuk menyer-



Azmi (tengah) menjalani latihan setiap minggu bagi mengekalkan staminanya.

tai acara sukan di luar negara, Persatuan Berbasikal Negeri Kedah turut membantu menanggung kos pendaftaran penyertaannya dan pakaian dalam sukan berkenaan.

“Saya juga pernah menyertai acara marathon di Miri, Sarawak pada dua minggu lalu, setiap kejohanan yang disertai itu saya mampu menamatkan acara tersebut, walaupun tidak dinobatkan sebagai juara,” katanya.

Beliau kerap berlatih dengan berlari dan berbasikal sebelum menyertai kejohanan bagi mengekal-

kan stamina.

Sementara itu, Timbalan Yang Dipertua MPAJ, Hasrolnizam Shaari berkata, seramai 168 peserta menyertai Cabaran Ampang Jaya Duathlon 2019.

“Setiap peserta perlu berbasikal sejauh 20 kilometer dan berlari tujuh kilometer. Sebanyak lima kategori dalam kejohanan ini iaitu, Lelaki Terbuka, Lelaki Master, Lelaki Senior Master, Wanita Terbuka dan Wanita Senior Master,” katanya.

Hasrolnizam berkata, sukan untuk kanak-kanak juga turut disediakan.



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Tajuk Berita	Papan tanda haram di lebuh raya akan diroboh
Muka Surat	46

ISNIN • 25.03.2019

# UTUSAN KOTA

Papan tanda haram di lebuh raya akan diroboh *um 25/3/19 m/s 46.*

**SEREMBAN 24 Mac** - Kerajaan negeri akan mengambil tindakan tegas termasuk merobohkan papan iklan haram yang dipasang di sepanjang jajaran Lebuhraya Utara-Selatan (PLUS) dekat negeri ini.

Beliau berkata, pemasangan papan iklan tanpa kelulusan pihak berkuasa tempatan (PBT) itu didapati semakin meningkat sejak kebelakangan ini.

Katanya, Pengerusi Jawatankuasa Bertindak Kesejahteraan Bandar, Perumahan Kerajaan Tempatan dan Kampung Baru negeri, Teo Kok Seong telah diminta menubuhkan jawatankuasa bagi melaksanakan tindakan penguatkuasaan.

"Kita lihat mereka sesuka hati mendirikan papan iklan di sepanjang lebuh raya PLUS di negeri ini. Ini bukan saja mencacatkan pemandangan, tetapi juga tak ikut peraturan.

"Kepada mana-mana syarikat yang hendak memasang atau pun mengiklan-

kan produk mereka supaya menyemak kepada ejen-ejen yang membuat papan iklan terlebih dulu," katanya dalam sidang akhbar selepas mesyuarat Exco kerajaan negeri di sin.

Aminuddin berkata, kerajaan negeri serius dalam menangani isu tersebut dan pemantauan berterusan terhadap papan iklan haram akan dibuat dengan kerjasama PLUS.

Dalam perkembangan lain, beliau berkata, kerajaan negeri telah membuat keputusan untuk menjelaskan bil air dan elektrik yang tertunggak melibatkan 246 balai raya di negeri ini.

"Ia melibatkan kos keseluruhan berjumlah RM86,000 dan pembayaran bil air dan elektrik di balai raya terbabit akan dibuat melalui Pejabat Daerah masing-masing," ujarnya.

Jelas beliau, masalah tunggakan bil itu berlaku selepas Majlis Pengurusan Komuniti Kampung mengambil alih balai raya berkenaan daripada kerajaan sebelum ini.



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## AKLEH ditutup sementara secara berperingkat *4m 25/3/19* *m/s 46*

**KUALA LUMPUR 24 Mac** - Beberapa laluan di Lebuhraya Bertingkat Ampang-Kuala Lumpur (AKLEH) akan ditutup secara berperingkat bermula Jumaat sehingga 7 April ini bagi memberi laluan kepada pembinaan jambatan penghubung Saloma oleh Perbadanan Pembangunan Kampong Bharu (PKB).

Sehubungan itu AKLEH menasihati pengguna agar berhati-hati dan mematuhi papan tanda arahan trafik bagi perjalanan yang lancar.

Menurut kenyataan Pro-

jek Lintasan Kota Sdn Bhd (PROLintas), syarikat konsepsi bagi AKLEH, penutupan sementara akan dilaksanakan di lorong, laluan masuk dan laluan keluar yang ditentukan di lebuhraya itu.

Menurut kenyataan itu lagi para pengguna oleh menghubungi Perbadanan Pembangunan Kampong Bharu di talian 03-26926733, 03-26935733 atau talian bebas tol AKLEH 1-300-88-10 atau ikuti Twitter di @AKLEHtrafik atau laman web [www.prolintas.com.my](http://www.prolintas.com.my) bagi maklumat lanjut.





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Running festival provides double the boost >12

# Silo mentality kills

Experts are calling for better cooperation among residents and other stakeholders to eliminate dengue in Selangor. >2&3

Floral trap: Ampang Jaya Municipal Council environmental health senior assistant officer Rosmiza Che Harun arranging Flower MosQtrap pots to trap Aedes mosquitoes, in a bid to eradicate dengue that has seen a drastic spike in Selangor in the first three months of the year. — LOW LAY PHON/The Star





## Starmetro watch

### TRAFFIC MATTERS

● There will be continuation of lane closures by stages and intermittently along Persiaran Jati, DUKE2 and MRR2 in Jalan Kuala Selangor, from March 26 until April 30, from 10pm to 6am. During this closure, motorists from Persiaran Jati or LDP heading to Sungai Buloh or LDP will be diverted to Persiaran Industri and Jalan Utama D/A before coming back to Jalan Kuala Selangor (Kepong-bound). Motorists heading to Sungai Buloh need to make a U-Turn at Prima Damansara, while motorists heading to LDP need to exit Jalan Kuala Selangor (Kepong-bound) and continue their journey to LDP. Motorists from Sungai Buloh wanting to use DUKE2 to Kuala Lumpur will be diverted to the right lane on MRR2 (Kepong-bound).

● There will be a continuation of emergency lane closure intermittently at the slip road exit towards Kuala Lumpur-Seremban Highway (northbound) from March 25 to April 20. Construction works will start from 9:30am to 4:30pm and 10pm to 5am. During the closure, motorists will still be able to use the existing lanes heading to Kuala Lumpur-Seremban Highway.

### EARTH DAY RUN

Join the annual National Geographic Earth Day Run 2019 on April 26 at Gamuda Walk Kota Kemuning, from 6:30am to 11am. Participants can choose to either run the 15km or 5km route. To register, email info@raceasia.com or call 1800-18-0505.

### ADFM PROGRAMMES

Alzheimer's Disease Foundation Malaysia (ADFM) is organising two programmes on Alzheimer's and dementia. Both will take place on March 30, at ADFM PJ Day-Care Centre, 6, Lorong 11/8E, Section 11, Petaling Jaya. The first, from 8:30am-1pm is 'Dementia Care Skills Training' for Mandarin speaking family caregivers and their health care workers. The second is a monthly caregivers sharing (English session) on 'Alzheimer's Disease Progression', from 2:30pm-4:30pm. To register, email jennyho8@gmail.com or whatsapp 016-608 2513.

### HOLIDAY ACTIVITIES

Atria Shopping Gallery is having several activities for children from today until March 31. There will be arts and craft station, Hama Beads workshop, clay art workshop, singing contest, costume contest, colouring contest and even a Earth Hour treasure hunt. For some workshops and contests, limited slots are available and registration is required. For details, visit www.atria.com.my

### PHOTO FEST

Calling all photographers to send in a set of three photos comprising landscape of human interest lifestyle in Sekinchan and post on Facebook from now until April 5 and hashtag #SekinchanTravelPhotoFest. This contest is organised by the Sekinchan assemblyman Ng Suee Lim and managed by the Kuala Lumpur Photography Festival. Selected photographers will also get a free tour around Sekinchan on April 20 to 21 inclusive of a 2D/1N stay. For details, visit the Facebook page travel Sekinchan.

### BETRIENDERS' TRAINING

Befrienders Ipoh will hold a training programme for new hotline volunteers at No 8, Jalan Sybil Kartigasu, Fair Park, Ipoh on March 30 and 31 from 9am to 5pm. For details, call 012-534 0063.

By SHALINI RAVINDRAN  
shaliniravindran@thestar.com.my

THE dengue virus can persist in Aedes mosquitoes for up to five successive insect generations before they are free of it - with each generation capable of infecting the population with the virus.

This means that a single female mosquito could potentially lay more than 500 eggs containing the virus in a single lifetime, said Universiti Kebangsaan Malaysia's parasitology and entomology expert Assoc Prof Dr Hidayatul Fathi Othman.

"This is an exponential growth and when the larvae turns into a mosquito, the cycle starts again," she said.

For this reason, Dr Hidayatul said it was best to target the eradication of Aedes mosquitoes during the immature stage.

She added that it was vital for people to understand that dengue is dangerous and is preventable.

"Most importantly, managing dengue requires a coordinated effort between residents, local authorities and stakeholders.

"Any effort at dengue management will not work if it is done in silos," she said.

As an example, she said, a houseowner who diligently cleaned and removed any potential mosquito breeding site could still contract the virus if her neighbours did not follow her actions.

"The Aedes aegypti species are more dangerous because they can fly a distance of 400m radius,

whereas the Aedes albopictus that thrives outdoors can only fly 80m.

"But both species carry the dengue virus, so you are not safe indoors or outdoors.

"Imagine if I allow fogging to be carried out inside my home but my neighbour does not. The Aedes aegypti can fly very far and come to my house," she said.

Dr Hidayatul added that Malaysia had seen a steep increase in the number of dengue cases since late last year, with the upward trend continuing into the first quarter of 2019.

Based on statistics in the iDengue website, 33,544 cases were recorded from Dec 30 last year to March 21 nationwide, with 57 deaths reported.

Of this, Selangor accounted for 58% of the reported cases at 19,574 cases. There are currently 166 dengue hotspots throughout the state.

The state recorded a 184% increase in cases up to March 11, compared with the same period in 2018.

"We were seeing a drop in numbers for the past two years, which also meant that dengue management efforts were seeing results.

"However, part of the reason for the spike in cases was that we became complacent.

"Even if numbers drop, we should not slow down on community outreach programmes," she said.

### Being innovative,

Dr Hidayatul, who has been conducting studies on Aedes mosquitoes for more than 20 years, said the most effective and sustainable way to eradicate the virus was the search-and-destroy of mosquito breeding grounds.

While government authorities try to hammer in the need for proactive action by the community, Dr Hidayatul said sometimes creative methods were needed to drive in the message.

She said in this aspect, local authorities could team up with private companies to organise programmes to raise awareness and inspire communities to work together.

"The Health Ministry and local authorities have been championing the search-and-destroy method to

# Don: Work together to eradicate dengue

Residents told to understand that their unhygienic practices can affect a whole neighbourhood



During the Defeat Dengue with BASF programme, apart from identifying and destroying mosquito breeding grounds, the residents had other games and activities to liven up the day. — Photos: LOW LAY PHON, LOW BOON TAT, ANIS ABDULLAH/The Star and courtesy of BASF organisers.

eradicate dengue, including disseminating information circulars about the dangers of dengue and what they have to do.

"But most people do not bother to read them or they don't absorb the information.

"We recently collaborated with BASF Malaysia to carry out a pilot project where we introduced a fun half-day event at three locations in Selangor," she said.

Dengue hotspots in Precinct 9A, Putrajaya, Apartment Idaman in Damansara Damai, and Bandar Tasik Kesuma Fasa 6 in Kajang were chosen for the Defeat Dengue with BASF programme.

During the event, residents were divided into teams and taught how to inspect, identify and destroy mosquito breeding grounds in their neighbourhoods.

"We made the entire experience into a game and showed educational videos.

"This seems like a simple programme, but it motivated residents to conduct search-and-destroy activities consistently following the event.

"Within six months, there were zero dengue cases in these areas when prior to that there was an average of 10 cases a month," Dr



Dr Hidayatul says managing dengue requires coordinated effort between stakeholders and local authorities.

Hidayatul said.

The two parties have also signed an agreement to conduct the programme in four other dengue-prone areas this year.

She said the games and videos helped to reinforce the message and knowledge of dengue eradication through a fun and creative way.

In a more practical approach, Ampang Jaya Municipal Council (MPAJ) recently came up with design modifications to the ovitrap

as an aesthetically-pleasing mosquito trap.

Called Flower MosQtrap, the device mimics the mosquito's preferred breeding site and traps the adult mosquito with a sticky surface.

Health Department director Dr Sarodin Shahri said the device was an effective way to kill mosquitoes without the need for chemicals and could last up to six months before the sticker can be replaced.

"Various products have been introduced to control the Aedes mosquito outbreak. But these products have their own drawback in its efficacy.

"For example, the use of chemical insecticide for fogging and larviciding has caused the mosquitoes to develop a resistance towards it.

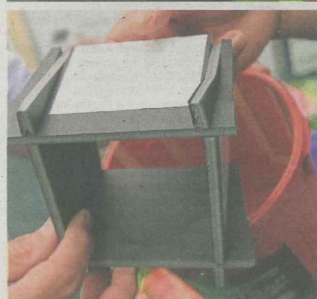
"This trap is a passive method to kill the insects and is effective in vector control," he said, adding that a team from the health department came up with the design. With a state allocation of RM15,000 the team was able to produce 300 units of the Flower MosQtrap.

The device will be distributed to six other councils, including municipal councils of Klang, Shah Alam, Sepang, Kajang, Selangor as well as the Johor Baru City Council.





During the Defeat Dengue with BASF programme, residents were divided into teams and taught how to inspect, identify and destroy mosquito breeding grounds, but with game-like elements.



Dr Sarodin says the use of chemical insecticide for fogging and larviciding causes mosquitoes to develop a resistance towards it.

The Flower MosQtrap helps reduce the use of chemical insecticide and kills adult mosquitoes and the larvae.



MPAJ health department officers collecting mosquito larvae found in a water dispenser at Desa Lembah Permai Flats, Ampang. Even places like these are potential mosquito breeding sites. — Filepic

Another project that is seeing results is the use of Wolbachia-infected Aedes mosquitoes to combat dengue in outbreak-prone areas in the Klang Valley.

In a pilot project in 2017, the Health Ministry with the Institute for Medical Research (IMR), released the mosquitoes injected with the Wolbachia bacteria as a biological method of controlling Aedes mosquito's reproduction.

The areas selected were Taman Keramat AU2 and Section 7, Shah Alam. Commenting on the project in Taman Keramat AU2, Dr Sarodin said there had been a drop in dengue cases.

"There were 22 cases in 2017, which dropped to 15 last year, and three this year," he said.

#### Mobilising the community

Dr Sarodin said during a dengue epidemic period, the community must be mobilised to react.

"Community involvement is the most crucial element, but to change

people's attitude is very challenging. "Most people think the authorities should be the one to deal with dengue, but it would be impossible for us to clean every area every day.

"They rely on fogging when there is a dengue outbreak, but it is the least effective method to control the mosquito population," Dr Sarodin added.

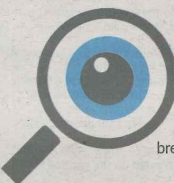
He explained that studies showed only 30% of adult mosquitoes are killed during fogging and that frequent fogging was not advisable as this would lead to chemical resistance.

"Residents think that combating dengue is only the government's job, not theirs and they wash their hands off the issue.

"When council staff come to fog their neighbourhoods, they don't even open their doors.

"We have to put effort to attract people in the community to be involved and participate to reduce the risks of dengue transmission," he said.

## Coordinated efforts to eradicate dengue



**Search and destroy programmes**  
To inspect, identify and destroy mosquito breeding grounds



#### Fogging

A technique used for killing insects that involves using a fine pesticide spray which is directed by a blower

#### Wolbachia Project

Use of Wolbachia-infected Aedes mosquitoes to combat dengue in outbreak-prone areas with pilot projects in Keramat AU2, Ampang and Section 7, Shah Alam.



#### Larviciding

A chemical used for killing mosquito larvae

#### One Stop Dengue Crisis Centre (OSDCC)

Aimed at coordinating assets and human resources between district health offices and local councils for dengue control and prevention in Selangor



#### Operasi Pemeriksaan Premis Individu (OPPI) and Operasi Zero Larva (OZEL)

Enforcement activities carried out by local councils under the Disease Bearing Insect Destruction Act 1975 and Local Government Act 1976



#### Operasi Lorong Belakang Bebas Aedes (LOBBA)

Activities by local councils that involve destroying mosquito breeding sites, health education and enforcement activities