



MAJLIS PERBANDARAN AMPANG JAYA
BAHAGIAN PERHUBUNGAN AWAM DAN SEKRETARIAT
MENARA MPAJ, JALAN PANDAN UTAMA,
PANDAN INDAH, SELANGOR,
55100 KUALA LUMPUR

KERATAN AKHBAR
03 APRIL 2019 (RABU)

AKHBAR

MUKA SURAT

The Star

- Five-category duathlon enjoys good turnout
- Free tuition for B40 students

15

07



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Akhbar	The Star
Tajuk Berita	Five-category duathlon enjoys good turnout
Muka Surat	15

STARMETRO, WEDNESDAY 3 APRIL 2019

Sport 15



Close to 200 children took part in the obstacle course run held at Trek Basikal Tekas in Taman Bukit Indah Ampang.



Winner of the Women's Open category Mustika finishing the course with a broad smile.

Five-category duathlon enjoys good turnout

Inaugural challenge in Ampang attracts over 180 participants

By LIM YIN YEN
 metro@thestar.com.my

MORE than 180 participants from the cycling and running fraternity took part in the inaugural Ampang Jaya Duathlon Challenge held at Trek Basikal Tekas, Taman Bukit Indah Ampang.

The event, organised by Ampang Jaya Municipal Council (MPAJ), was flagged off by council secretary Hasrolnizam Shaari at 7.30am.

The duathlon challenge featured five categories - Men's Open, Men's Masters (aged 39 to 49), Men's Senior Masters (aged 50 and above), Women's Open and Women's Senior Masters (aged 40 and above).

The duathlon started with 20km of cycling around the undulating terrain, which included the popular hiking spot Bukit Kembara, followed by a 7km run.

The winner of the Men's Open category, Mohd Azuan Asmuni, took 47 minutes to complete the course.

Mohd Azuan overtook Mohd Nazri Muhammad, who led at the exchange after the cycle leg, and took home the prize of RM500.

Mustika Ayuni Mustafa, 21, from Malaysian National Defence University, was crowned the winner of the Women's Open category.

Representing Speda Zone bicycle shop, Mustika said she has been racing competitively since 2012.

"I love sports, especially running and cycling," she said.

The duathlon challenge managed to attract participants from all over Malaysia as well as neighbouring countries such as Singapore and Indonesia.

Zulkifli from Indonesia won the Men's senior Masters category by finishing the course just 13 minutes behind the time set by Mohd Azuan, an impressive feat by the 50-year old.

"This is my first-ever competition in Kuala Lumpur and I will definitely return in the future," said an elated Zulkifli, who hails from Tanjung Balai Karimun, Indonesia.

Meanwhile, the winners of Men's Masters and Women Senior Masters were Mohamed Hamizi Hussien and Che Rohani Mezah, respectively.

Besides the duathlon challenge, close to 200 children aged between six and 12, also took part in the obstacle course run.

Speaking at the conclusion of the race, Hasrolnizam did not rule out the possibility of MPAJ tweaking the race format or increasing the distance for future editions.

"We want to make the race more exciting for the participants and also promote Ampang at the same time."

"We are looking at the prospect of including Taman Saga or Bukit Tabur in future races. We aim to promote a healthy lifestyle among the people regardless of their race, age, size or fitness level," he said.



The participants of the duathlon challenge came prepared with their own road or mountain bikes.



The women runners overtaking their male counterparts on the course.

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Events 7

STARTING in May, students from the low-income group or B40 at the Hardcore Poor Housing Scheme (PPRT) will get free tuition under an initiative by Yayasan Sukarelawan Siswa (YSS).

YSS chairman Tan Sri Lee Lam Thye said for a start, five PPRTs in the Klang Valley would be selected for the project under a collaboration with the Housing and Local Government Ministry.

Lee said both parties would first set up a mini library at the selected PPRTs to promote the culture of seeking knowledge among residents and their children.

"The residents would be given the responsibility to manage the facility.

"We will also get support from companies. Some have already agreed to donate items to the mini libraries," he said after attending the seventh anniversary celebrations of YSS in Putrajaya.

Lee said each tuition class would have 30 students who would be sitting for their PT3 and SPM examinations.

He said YSS would provide volunteers and rope in those from higher learning institutions in the Klang Valley to help improve the students' academic performance.

"Our aim is to provide one-on-one coaching so that each student will be more focused in their studies," said Lee, who was appointed the new YSS chairman on March 1.

Lee said focus would be on Science, Technology, Engineering

Free tuition for B40 students

TS 3/4/19 M/S07
One-on-one coaching to start at five PPRT flats in the Klang Valley

and Mathematics as students from the B40 group were quite weak in these subjects.

"Apart from focusing on volunteerism projects locally and abroad, we hope these latest initiatives would bring about a positive impact to the B40 community," he said.

On his appointment, Lee thanked the Education Ministry for having the trust in him to lead YSS.

In addition to implementing all the missions and visions of YSS, Lee said he would focus on inculcating integrity among staff, alumni and volunteers.

"We want to ensure that our future leaders have integrity so that they would not get involved in corrupt practices," he said.

A recent study by the Malaysian Anti-Corruption Commission involving 1,000 university students found 16% were willing to accept bribes.

Another survey on Student Perception of Corruption, run by Malaysian Integrity Institute, revealed that one in every three local university students thought that receiving a gift in the form of money, goods or services was not corruption.



Lee (centre) cutting a cake to celebrate the seventh anniversary of YSS in Putrajaya.